

AIKIDO SCHULE BASEL



| Zeit | Montag | Dienstag | Mittwoch | Donnerstag | Freitag |
|---------------------------|--------------------------------------|-------------------|----------------------|--------------------------------------|--------------|
| Morgen 10:00 – 11:30 | | Aikido RW | | | |
| Mittag 12:15 – 13:15 | Jo / Bokken AH | | | | Aikido MQ |
| Abend I 18:15 – 19:30 | | Jo / Bokken MQ | Jo / Bokken YH | | |
| Abend II 19:30 – 20:45 | Aikido 19:00 – 20:30 AH | Aikido MQ | Jo / Bokken AH/MS | Aikido 19:00 – 20:30 MQ | |